

2014 Youth Cheerleading Registration Form

Mt. Vernon Parks & Recreation Department
(Leagues may be combined, past few years flag football cheering only.)

■ In Person Sign Up Dates

@ Alexandria Public Library – August 2nd (9am-12pm) Room B
August 14th and 18th (6pm-8pm) Room A

Please fill out this form and return to the Parks & Recreation Department Office,
716 Locust Street (Hedges Elem. Entrance #8) or mail to P. O. Box 324,
Mt. Vernon, Indiana 47620. Office hours are Monday – Friday, 8 a.m. - 5 p.m.
All registrations are due by Friday, August 16th at 5 p.m.

All registrations are due by Friday, August 22nd at 5 p.m.

If we have enough coaches, teams should be selected by August 29th

League play will begin on Saturday, September 13th.

Grades K-4th

\$35 per participant, additional child \$20.

Name _____ Grade _____
Address _____
(Main) Phone _____ D.O.B. _____ Age _____
Email _____

T-shirt size (circle one):

YS YM YL
(Youth Sizes)

S M L XL
(Adult Sizes)

PARENT/GUARDIAN PERMISSION:

(Both parents must sign this permission form. If only one parent is available to sign, the parent signing must assume complete and absolute responsibility as set forth below)

We/I hereby grant permission for my child _____ to participate in the: Youth Cheerleading Program.

We/I represent that my child is physically fit and suffers from no health issue which would prevent him/her from participating in this activity. We/I will assume all responsibility and obligation for my child in case of injury or accident sustained during participation in this program. We/I release and hold harmless the Mt. Vernon Parks & Recreation Board, Metropolitan School District of Mt. Vernon, employees of the Mt. Vernon Parks Board, and all other paid and volunteer personnel from any and all liability, loss, damage, injury which may result or occur during the course of this sports program. We/I give permission for the Mt. Vernon Park & Recreation Department to use individual photographs and team photographs as the department sees fit, including but not limited to, print and internet publication. We/I will work together with the Mt. Vernon Park & Recreation Department and all persons involved in this sports program to build a fine program for all of the youths involved

Date Parent/Guardian Signature Printed Name

Date Parent/Guardian Signature Printed Name

Contact Information:

Main Phone: _____ Work Phone: _____ Emergency: _____

We encourage everyone to volunteer regardless of their knowledge of the sport. The success of the program depends upon the volunteers. The more volunteers - the more opportunities your child will have.

We need coaches!

Will you please: Coach? yes no Assist Coach? yes no Coach Shirt Size: S M L XL
Comments:

All weather updates will be posted on -- www.facebook.com/MVParksandRec

mvparks.blogspot.com & follow the "Youth Sports" link.

Rec. # _____ Date Rec'd _____ By _____

Expectations

As a Parent:

It is important that you remain positive for the season. Your actions and words that you use in front of your son or daughter are powerful and can affect their experience depending on if you are positive or negative. Putting too much pressure on the players will only cause them to buckle and focus too much on not disappointing you. We ask that you leave the coaching up to the coaches, not to confuse the players, or please take up any issues in private with the coaches. Remember, everyone involved is giving a great effort and hopefully trying their best. Please remember this when situations are not ideal (injuries, an unfair call, a missed call, playing-time issues).

As a Coach

During practices and games, players will feed off of your energy more than you can imagine. Positive feelings and encouragement will lead to rewarding practices and games. Players and refs will make mistakes and it's your responsibility to keep focused on the task of teaching the players the game. Putting too much pressure on the players will only cause them to focus on not disappointing you. You can keep it demanding for the players to continually learn, but keep it light and fun. It is your responsibility to keep the playing time fair and give these kids the experience that they hope for when signing up for this league. There are no standings in any of our leagues, and kids know that winning is fun, but don't get too wrapped up in this that you forget to play your weaker players who will benefit the most from playing time.

As a participant

Sportsmanship is the most important. Play hard and focus on learning something new every time you go to the fields/courts. Parents, please remind your children to learn something and have fun every time.

As a referee

The referee is to keep the games fair while also helping to explain the situations to the players. The transition from the small field (with no referee) to the big field can be overwhelming for the players. Our referees want to help just as much as the coaches.

As a league / league organizer

As a league and league organizer, our goal is to provide an open forum for physical play, development, and fun. We do not want to turn anyone away because they have never played before, but instead encourage them to be a part of a team and learn how to work positively as a unit.

The purpose of this is so that everyone knows the expectations of every individual involved in this league and what we are here to provide. The parents can see what is expected of the referee and vice versa. The referee will know what is expected of the players. The coaches will know what is expected of All of these roles should be working together to create a fantastic atmosphere for learning the rules of the game, sportsmanship, developing skills, and having fun.

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